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# INTRODUCTION OF COMMUNITY HEALTH NURSING

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# Definition of Community Health

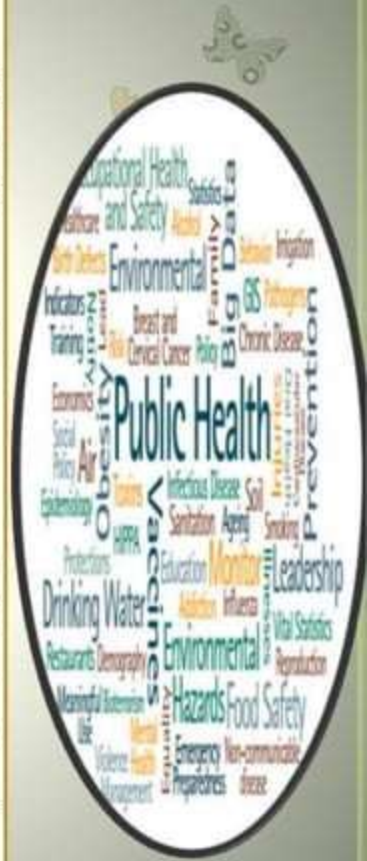
- *According to Winslow* (1920)

Public health is the science and art of preventing disease ,prolonging life and promoting health and efficiency through organized community efforts for the sanitation of the environment, the control of the communicable infections, the education of the individuals in personal hygiene.



- ***American Association of Public Health*** has defined the public health as "The art & science of maintaining, Protecting& improving health of people through organized efforts.
- ***According to WHO***

  Community health refers to the health status of the members of the community to the problems affecting their health and to the totality of health care provided for the community.



## Public Health Concept

- Provided limited services of immediate concern.
- No involvement of people
- No private efforts for Health
- Imposed through Legislation Sometimes

Changed to

## Community Health Concept

- Provided comprehensive Health services.
- Joint efforts of people & Government
- Laid emphasis on private services
- Involvement of people

# Definition of Community Health (ANA,2000)

- Community Health Nursing is a synthesis of *nursing* and *public health* practice applied to *promoting* and *preserving* the health of populations.
- Treat " Population as a Whole"
- Focus on individual, family, groups, community
- Utilizing Health promotion, health maintenance, health education, and management, coordination, and continuity of care for meeting population needs.



- ***According to WHO expert Committee of nursing*** :- Special field of nursing that combines the skill of nursing, public health and same phase of social assistance and function as part of the total public health program for the promotion of health, the improvement of the condition in the social & physical environment, rehabilitation of illness & Disability.
- **Community health Nursing** is the synthesis of **nursing** and public **health** practice applied to promote and protect the **health** of population. It combines all the basic elements of professional, clinical **nursing** with public **health** and **community** practice.



# Characteristics of Community Health Nursing

- It is a field of nursing.
- It combines public health and nursing.
- It focus in population and environment factors that may impact to people's health.
- It emphasize in health promotion, illness prevention, and wellness.



- It promotes client responsibility and self-care.
- It uses aggregate measurement and analysis.
- It use principle of organizational theory.
- It involves inter-professional collaboration.



# Roles of Community Health Nurses





# Concept of community health nursing

1. The primary focus of community health nursing is health Promotion.
2. Knowledge of different fields ( biological & social science ,clinical nursing and community health organizations) is used.
3. Nursing process in community health nursing changes based on the needs of the community.
4. Community health nursing is responsive to the needs of society in general.



5. Community health nursing is involved in the planning and evaluation of community health program.

6. The community health nursing is a member of community health team and other services.

7. Community must actively participate in the health process.

8. For community health, people and government have to co-ordinate ,collaborate & work in co-operation with each other to achieve health for all.

9. CHN provide a variety of studies relevant in advancement of public health and practice.



# Scope of community health & community health nursing

- The scope of community health nursing involves the delivery of continuum of preventive health services which are aimed at
- Enhancing the health of people i.e. individuals, families, groups & communities.
- The scope of community health nursing is broad and not limited to particular age group or diagnostic group, but provide services to all age groups.





# The scope of community health nursing includes



Community Health Nursing has wide scope as community health nurse work towards achievement of health of an individual before the birth i.e. during antenatal, intranatal, postnatal period and after birth throughout life through various organizations such as.....





NURSING CARE



MENTAL HEALTH NURSING



DOMICILIARY NURSING



INDUSTRIAL NURSING



HOME CARE



GERIATRIC CARE



MCH AND FAMILY PLANNING SERVICES



SCHOOL HEALTH NURSING



REHABILITATION CENTRE

## *1.Home care :*

Extended nursing care services are received by no. of patients at their home when hospital are overcrowded for admitting the patients who requires indoor car or when patient need isolate treatment even preventive and promotive services are provided to people at their home to maintain and achieve health.





## 2. School health nursing:

The scope of nursing is immense in the School health Programme. The School health nursing not only render health but also promotes & protects the health of children in school.

The broad areas of nursing functions in school includes:-

- To prevent diseases.
- Health education
- Immunization
- Dental health
- Sanitation
- first aid
- School meal programme
- Referral services
- Follow up
- Maintance of health records



## *3.MCH and family planning :*

- The public health nurse plays a major role in the MCH and FP services . It consists :-
- Antenatal,
- Postnatel ,
- Child care services.
- Nurse can easily motivate the mothers to accept the FP methods and gain their cooperation in adopting to a small family norm.





## 4. *Mental Health Nursing services :*

Many developing countries have mental health services today. These services include :-

a. Early diagnosis and treatment

b. Rehabilitation

c. Psychotherapy

d. Use of modern psychotropic drugs and after care services

e. MHN is yet to be developed in India



## 5. *Geriatric Nursing Services :-*

The number of old people increasing in the world today.

- The need of old is different and they need more care than the younger age groups.
- In many countries the old age people are visited by the nurses and other health care workers.








## *6.Rehabilitation Centers*

- Rehabilitation means restoration of all treated cases to the highest level of functional ability.
- Nursing is an important component in the rehabilitation of the disabled.



## *7.Domicillary Nursing Services*

The areas where domiciliary nursing is practiced in this country are :-

1) Maternity services
2) Health supervision
3) Diseases prevention services
4) Services for illness and accidents
5) The scope is limitless for organizing domiciliary visits



## *8.Industrial Nursing:*

CHN works in industries as there is provision for appointment of medical & nursing staff in the factories where more than 500 workers are employed. The function of nursing staff includes : -

- First aid
- Care of sick and injured
- Pre placement & periodic examinations
- Industrial sanitation
- Industrial safety
- Rehabilitation of workers
- Organization of Creches for working and breast feeding mothers



**8.Public health nursing** : It can be maintained by using services of community health nursing in the following areas:

- Maternal health & family planning
- Under five clinics
- Immunisation
- Referral
- Follow ups
- Health Education
- National Health Programme Activities

# Components of Community Health

***According to WHO (1974)***

- CHN are responsible for ensuring that needed health services are provided in the community.
- The care of vulnerable groups in a community is priority.
- The client must be a partner in planning & evaluating health care.



- To achieve above components of CHN ,following basic principal of CHN need to enforced to health care service delivery:-
- Population based assessment, policy development & assurance.
- Process are systematic & comprehensive
- Primary prevention is given priority.
- All process must include partnering with representatives of the people.

CHN should have a broad knowledge to accomplish their goals. The health is achieved by providing multiple and diverse direct & indirect services to people.



# Direct Health services by Nurse to client



## Direct services

- Direct client services usually involves personal relationship between nurse and client

## Indirect services

- Indirect services are provided by nurse when not in direct contact. These services are provided by community health nurses by:
- Keeping records
- Co-ordinating with health agencies
- Supervising the work of health care personnel such as A.N.M's, M.P.H.W's etc.

# THANKS

